**Curriculum Vitae**

**Joseph Sowka, OD, FAAO, Diplomate.**

**Diplomate of the American Academy of Optometry**

**Disease Section – Glaucoma Subsection**

**Professor of Optometry**

**Nova Southeastern University College of Optometry**

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**EDUCATION:**

**Residency in Primary Care:** The Eye Institute of the Pennsylvania College of Optometry

Philadelphia, Pennsylvania

July 2, 1989-July 4, 1990

**Doctor of Optometry:** Pennsylvania College of Optometry.

Philadelphia, Pennsylvania

May 1989

**Bachelor of Sciences:** Pennsylvania College of Optometry: Visual Sciences

Philadelphia, Pennsylvania

May 1988

**Bachelor of Sciences**: Cornell University: Biology

Ithaca, New York

June 1985

**PROFESSIONAL EXPERIENCE:**

**Nova Southeastern University College of Optometry:** March 1992-present (Formerly Southeastern University of the Health Sciences)

* **Academic Rank: Professor.**
* **Chief of Nova Southeastern University College of Optometry Advanced Care Clinic at Davie**
* **Director of the Glaucoma Service**
* **Program Supervisor- Residency in Primary Care with Emphasis in Ocular Disease**
* **Instructor of Record: Ocular Disease II**
* Module Director of University Primary Care Clinic (1994-2002)
* Residency Supervisor: Direct supervision and mentoring of primary care residents
* A professional educator responsible for the clinical education of optometry students and optometry residents. Responsible for the direct clinical preceptorship of patient care in the college's clinic.
* Didactic responsibility includes clinical conferences and instruction in optometric methods laboratory. Additional lectures in all ophthalmic disciplines are presented as necessary.
* Formal lecture duties in the ocular disease curriculum. Lectures on the diagnosis and management of diseases of the eye and emergency eye care to the students and residents of the College of Osteopathic Medicine and School of Allied Health Sciences.
* Seminar instructor for a course on clinical diagnosis and management of glaucoma.
* Involved in the development of academic programs and policies within the College of Optometry.
* Instructor of record for the Ocular Disease II course, which involved designing the entire curriculum of the course on glaucoma and posterior segment diseases.

**Delaware Valley Medical Associates**  1990-1992

* Primary attending eye physician for a Philadelphia Health Maintenance Organization.
* Responsible for the restructuring of the Eye Care Department for the Center City medical office.
* Responsible for the management of primary eye care, including diagnosis and treatment of glaucoma, anterior and posterior segment disease, emergency eye care, pre-and post-operative care, and neurological eye disease within a large medical facility. Highly involved in a complementary, cohesive team approach to eye and systemic care with internal medicine.

**Philadelphia Prison System Health Services**

1991-1992

* Involved in primary and secondary care within an inner city correctional facility.
* Full scope management of ocular infections, inflammations, and ocular trauma as well as comprehensive visual care.
* Integrated optometry with other medical specialties within a unique setting.

**Primary Care Residency at the Eye Institute of the Pennsylvania College of Optometry** 1989-1990

A one-year post-graduate position with emphasis on anterior and posterior segment disease diagnosis and treatment. Experience was gained in using therapeutic medications (including topical, oral, and injectable) in the management of ocular infections, inflammations, and glaucoma. Additional experience was gained in cataract pre- and post-operative care and advanced diagnostic procedures including ultrasonography, laser interferometry, fluorescein angiography, and electroretinography. Clinical rotations included Neuro-Eye Service, Vitreo-Retinal Service, Emergency Clinic, Emergency On-Call, Glaucoma Service, Oculoplastics Service, Cataract Service, and Cornea and External Disease Service.

**HONORS AND AWARDS**

**Cornell University**

* Phi Kappa Phi National Honor Society
* Graduation with ***Distinctions***
* Dean's list all semesters; required cumulative grade point average, 3.5

**Pennsylvania College of Optometry**

* V.E.F. Eye Center Scholarship for the best paper in a ***national*** competition.
* Board of Trustees Merit Scholarship for undergraduate academic achievement.
* E.F. Wildermuth Scholarship for clinical excellence.
* William Feinbloom Award for clinical excellence in low vision.

**Nova Southeastern University**

* 1st place for a technical article in the Optometric Editors Association 1997 Journalism Contest
* Clinical Preceptor of the Year 1999

**LECTURES AND PRESENTATIONS**

* Dural Arteriovenous Malformation-presented at the Pennsylvania College of Optometry Grand Rounds, 1989
* Retinal Grand Rounds-presented at the Pennsylvania College of Optometry, 1989-1990
* Primary Care Management of Retinal Breaks-presented at the Pennsylvania College of Optometry Grand Rounds, 1990
* Peripheral Retinal Anomalies-presented at the Pennsylvania College of Optometry Advanced Therapeutics Course, 1990
* Cataract Post-operative Management-presented at the Pennsylvania College of Optometry, 1990
* Uveitic Glaucoma-presented at Hahnemann University Glaucoma Grand Rounds, 1990
* Challenges in Clinical Optometry, Panel Discussion, Pennsylvania College of Optometry Grand Rounds, 1990
* New Thoughts on Diagnosing and Treating Retinal Breaks-presented at Lou Catania's Ocular Disease Update '90. Four Seasons Hotel, Philadelphia 1990
* Management of Ocular Disease without Drugs-presented at Philadelphia County Optometric Society, 1991
* Clinical Conferences-Southeastern University of the Health Sciences 1992-present
* Clinical Neuro-Optometry-an 8 hour course presented for continuing education for the states of Pennsylvania, Maryland, and West Virginia 1992
* Continuing education lectures on the topics of neuro-eye disease, corneal disease, systemic disease, and glaucoma for the state associations of Florida, Pennsylvania, North Dakota, and Jamaica, West Indies
* Contact Lens and Anterior Segment Symposium- Nova-Southeastern University 1993, 1994
* Alcon Laboratories, Inc. sponsored nationally televised lecture on corneal disease June 1994
* *Ellerbrock Memorial Continuing Education Lecture at American Academy of Optometry* Management of Retinal Vascular Occlusions, San Diego, CA December 1994.
* Managing Ocular Inflammation- Dade County Optometric Association July 1994
* Automated Visual Fields and Glaucoma- Florida Optometric Association Annual Meeting June 1993, 1994. Sponsored by Humphrey Instruments, Inc.
* Ocular Disease II: Glaucoma and Diseases of the Retina and Vitreous. 3 credit, one semester course at Nova Southeastern University College of Optometry.
* Emergency Medicine: Primary care clinic orientation lecture.
* Ocular Disease IV: Diplopia, Intracranial Disease, Neuro Eye Disease- Nova Southeastern University.
* Corneas, Contacts, and Complications-VISTAKON, Jacksonville, FL 1996
* Glaucoma in the Elderly. Miami Area Geriatric Educational Conference. 1996
* Neuro-ophthalmic Emergencies in the Elderly. Miami Area Geriatric Educational Conference.
* Secondary Glaucoma; Corneas, Contacts, and Complications- Armed Forces Optometric Society Meeting, Albuquerque, NM October 1996
* *Ellerbrock Memorial Continuing Education Lecture at the American Academy of Optometry.* Cancer: Manifestations within the Visual System, Orlando, Fl 1996.
* Corneas, Contacts, and Complications- Atlanta, Ga.; Philadelphia, PA. Miami, FL., Greensboro, NC., Albany, NY. 1997
* Normal Tension Glaucoma- 5th Annual Ocular Disease Update. Branson, MO. 1998
* Management of Retinal Breaks- 5th Annual Ocular Disease Update. Branson, MO. 1998
* Transient Vision Loss- 5th Annual Ocular Disease Update. Branson, MO. 1998
* New Ophthalmic Medications- 5th Annual Ocular Disease Update. Branson, MO. 1998
* Cornea and Anterior Segment Inflammation- Florida Optometric Association Annual Meeting. 1998
* New Systemic and Ophthalmic Medications- Florida Optometric Association Annual Meeting. 1998
* Transient Vision Loss- combined Dade, Broward, Palm Beach Optometric Society Meeting August 1998
* Clinical Case Challenge Panel Discussion- Nova Southeastern University 1997, 1998
* The ABC’s of GCA- *Ellerbrock Memorial Continuing Education Lecture at the American Academy of Optometry. San Francisco, CA 1998.*
* Sexually Transmitted Diseases and the Eye- *Ellerbrock Memorial Continuing Education Lecture at the American Academy of Optometry. San Francisco, CA 1998.*
* Cancer: Manifestations within the Visual System- SECO 1999. Atlanta, GA.
* Understanding Pupil Testing- SECO 1999. Atlanta, GA.
* Ocular Disease Case Challenge Panel Discussion. American Optometric Student Association- Jan 1999 Ft. Lauderdale, FL
* Sexually Transmitted Diseases and the Eye. AOA Congress. San Antonio, TX 1999.
* Normal Tension Glaucoma. Mystery, Myth, or Reality? AOA Congress. San Antonio, TX 1999.
* Confessions of a Steroid User. AOA Congress. San Antonio, TX 1999.
* The ABC’s of GCA. International Contact Lens and Anterior Segment Disease Symposium. Quebec, CA. October 1999.
* Normal Tension Glaucoma. Mystery, Myth, or Reality? Omega Rx: Springfield, MO. April 1999.
* Normal Tension Glaucoma. Mystery, Myth, or Reality? Omega Rx. Circleville, OH. August 1999.
* Secondary Glaucoma: The Black Sheep of the Glaucoma Family. Missouri Optometric Association Annual Meeting. October 1999.
* New Glaucoma Medications: Cares, Concerns, and Compliance. Missouri Optometric Association Annual Meeting. October 1999.
* The Atypical Red Eye. SECO 2000. Atlanta, GA. Feb. 2000
* Scratching the Itch of Allergic Eye Disease. SECO 2000. Atlanta, GA. Feb. 2000
* The Handbook of Ocular Disease Management- Live. Philadelphia, PA. Sept 1999
* The Handbook of Ocular Disease Management- Live. Philadelphia, PA. Nov 1999
* The Handbook of Ocular Disease Management- Live. Baltimore, MD. March 2000
* Secondary Glaucoma: The Black Sheep of the Glaucoma Family. Florida Optometric Association Fall Meeting. Nov 1999.
* Confessions of a Steroid User. Florida Optometric Association Fall Meeting. Nov 1999.
* Management of retinal Breaks and Detachment. Florida Optometric Association Fall Meeting. Nov 1999.
* Nerve fiber layer defects without visual field loss in non-glaucomatous patients. Presented in Poster Section- American Academy of Optometry 1999. Seattle, WA
* HIV and AIDS in the Millenium: What Every Optometrists Needs to Know. Broward County Optometric Association Gold Coast Educational Retreat. January 2000. Ft. Lauderdale, FL
* Denver, CO: Handbook Live
* Cleveland, OH: East West Conference (13 lecture hours) Oct.26-29, 2000
* Florida Optometric Association Fall Symposium: Removing the mystery From Herpes, Atypical Red Eye, The Optic Nerve & NFL in Glaucoma November 10-11, 2000
* Houston, TX: Confessions of a Steroid User November 15, 2000
* AAO Orlando, FL: The ABC’s of GCA December 9, 2000
* Las Vegas, NV. America’s Best Eyeglasses and Contact Lenses Annual Meeting Jan 5, 2001. 9 hours of lecture
* Gold Coast, Ft. Lauderdale: GCA, AION and NTG: A Neuropathic Alphabet Soup. Jan 20-21, 2001
* Texas Optometric Association, Austin, TX: Secondary Glaucoma, NFL Analysis Feb. 15-18 2001
* Optometry 01. Birmingham, England March 2001
* Other lecture 2001: Wichita, KS, Manhattan, NY, Ft. Myers, FL, Ft. Lauderdale, FL,

Philadelphia, PA, Pittsburgh, PA, Chicago, IL, West Point, NY, Atlantic City, NJ, Princeton, NJ, Las Vegas, NV, Austin, TX, Atlanta, GA, Champagne, IL, Bryn Mar, PA, Key West, FL, Marco Island, FL, Orlando, FL

* 2002: Lectures in Denver, Las Vegas, Chicago, Philadelphia, Baltimore, New York, Atlanta, New Orleans
* 2002-present: Numerous presentations on the local, state, national and international level.

**Internationally:**

* Birmingham, England
* Mexico
* Canada
* New Zealand

**PUBLICATIONS**

# **Peer-reviewed articles**

* Sowka J. Dural Arteriovenous Malformation. Journal of the American Optometric Association 1989; 60(11): 846-848.
* Sowka J, Gurwood A. Low Vision Rehabilitation of the Albino Patient. Journal of the American Optometric Association 1991; 62(7):533-536.
* Sowka J. Management of Retinal Breaks. Review of Optometry 1991; 128(10):70-79.
* Sowka J. A Battle Plan to Conquer Corneal Ulcers. Review of Optometry 1993; 130(3):61-65.
* Sowka J. How to Identify Retinal Vessel Occlusions. Review of Optometry 1993; 130(11):53-60.
* Sowka J. Papillophlebitis: A Case Study in Central Retinal Vein Occlusion in a young adult. New England Journal of Optometry 1993; 45(3-4):69-72.
* Cohen R, Sowka J. Hemi-Central Retinal Vein Occlusion. Clinical Eye and Vision Care 1993; 5(4):154-157.
* Sowka J. What You Can Do To Manage Hypertension. Review of Optometry 1994; 131(1):77-84.
* Sowka J, Guastella P. Benign episodic pupillary dysfunction. Southern Journal of Optometry 1994; 12(3):26-27.
* Sowka J. How to diagnose and manage anterior ischemic optic neuropathy. Review of Optometry 1995; 132 (11): 73-81.
* Reeves V, Sowka J. Asymptomatic papilledema secondary to atypical hydrocephalus. Clinical Eye and Vision Care 1996; 8:149-153
* Neurogenic Diplopia: Paralysis of Cranial Nerves III, IV, and VI. In: *Optometry Clinics* 5(3&4):53-77. Appleton & Lange, 1996.
* Sowka J. How to differentiate infections of the eyelid. Review of Optometry 1996; 133(6): 63-70.
* Sowka J, Gurwood A, Kabat A. The Handbook of Ocular Disease Management. Supplement. Review of Optometry. March 1997.
* Sowka J, Gurwood A, Kabat A. The Handbook of Ocular Disease Management 2nd edition. Supplement. Review of Optometry. February 1998.
* Sowka J, Kabat A. A practical clinical guide to sexually transmitted disease. Review of Optometry 1997; 134(3):101-111. Awarded 1st place for a technical article by the Optometric Editors Association
* Sowka J, Pifer D. The painful consequences of contact lens misuse. Review of Optometry 1998;138(1):104-109.
* Sowka J, Kabat A. Scenes from the periphery: A review of 10 conditions. Retinal Atlas Part I. Review of Optometry 1998; 135(1):76-86.
* Sowka J, Kabat A. What the eye reveals about vascular disease. Retinal Atlas Part II. Review of Optometry 1998; 135(2): 90-98
* Kabat A, Sowka J. Can you detect these maculopathies? Retinal Atlas Part III. Review of Optometry 1998; 135(3): 86-98
* Kabat A, Sowka J. When infectious disease invades the retina. Retinal Atlas part IV. Review of Optometry 1998; 135(5): 92-98.
* Sowka J, Kabat A. Understanding the types of glaucoma. Review of Optometry 1998. October supplement: 10A-15A.
* Sowka J, Gurwood A, Kabat A. The Handbook of Ocular Disease Management 3rd edition. Supplement. Review of Optometry. March 1999.
* Sowka J, Kabat A. Cornea Atlas Pt I. How to fight back when infections attack. Review of Optometry. 1999; 136(8): 90-100.
* Sowka J, Kabat A. Cornea Atlas Pt II. Inflammations: How to tame the angry eye. Review of Optometry. 1999; 136(9):78-90.
* Kabat A, Sowka J. Cornea Atlas Pt III. From abrasions to burns. How to manage corneal injuries. Corneal Trauma. Review of Optometry. 1999; 136(10):64-70.
* Kabat A, Sowka J. Cornea Atlas Pt IV. How to detect and deal with dystrophies and degenerations. Review of Optometry. 1999; 136(11): 60.
* Sowka J, Aoun P. The tilted disc syndrome. Opt Vis Sci 1999; 76(9):618-623.
* Sowka J, Gurwood A, Kabat A. The Handbook of Ocular Disease Management 4th edition. Supplement. Review of Optometry. March 2000. 1A-68A
* Sowka J, Kabat A. Review of Symptoms Part I: Pain. Nature’s Way of Telling You Something’s Wrong Rev Optom 2000; 137(1):77-79
* Sowka J, Kabat A. Review of Symptoms Part II: The Red Eye Response. Rev Optom 2000; 137(2):49-55
* Sowka J, Kabat A. Review of Symptoms Part III: Transient vision loss. Rev Optom 2000; 137(1):79-82
* Sowka J, Kabat A. Review of Symptoms Part IV: Foreign Body Sensation. Rev Optom 2000; 137(5):85-88
* Sowka J, Kabat A. Review of symptoms Part V: Flashes and Floaters. Rev Optom 2000; 137(6):67-72
* Sowka J, Kabat A. Review of Symptoms Part VI: How to Diagnose Diplopia. Rev Optom 2000; 137(7):53-58
* Sowka J, Kabat A. Review of Symptoms, Part VII: What lies beneath lid swelling. Review of Optometry 2000; 137(9):92.
* Sowka J, Kabat A. Review of symptoms Pt VIII. Playing it safe with tics and ptosis. Review of Optometry 2000, 137(10):75-81
* Sowka J, Kabat A. Review of Symptoms, Part IX: Six signs to tracing visual field loss. Review of Optometry 2000; 137(11):73.
* Sowka J, Gurwood A, Kabat A. The Handbook of Ocular Disease Management 4th edition. Updated Supplement. Review of Optometry. March 2000. 1A-68A
* Sowka J, Gurwood A, Kabat A. The Handbook of Ocular Disease Management 5th edition. Review of Optometry. 2002;139(10): Suppl 1a-65a
* Sowka J. Diagnosis and management of two cases of glaucomatocyclitic crisis. Practical Optometry. 2002 13(5/6):183-8
* Sowka J. Pupil block glaucoma from traumatic vitreous prolapse in a patient with posterior chamber lens implantation. Optometry. 2002. 73(11): 685-93
* Sowka J, Gurwood A, Kabat A. The Handbook of Ocular Disease Management 6th edition. Review of Optometry. 2004; 41(3): Suppl 1a-65a
* Sowka J. Pigment dispersion syndrome and pigmentary glaucoma. Optometry 2004; 75(4):115-22
* Sowka J. Pseudoexfoliation syndrome and pseudoexfoliative glaucoma. Optometry 2004; 75(4):245-50.
* Sowka J, Vollmer L, Falco L. Rapid onset phacolysis. Optometry 2004 75(9):571-6.
* Vollmer L, Sowka J. Intravitreal steroid injections for macular edema. Rev Optom 2004; 141(9):75-9.
* Sowka J, Gurwood A, Kabat A. New frontiers for detection and diagnosis. Review of Optometry. 2004; 41(11): Suppl 18-9.
* Sowka JW, Gurwood AS, Kabat AG. Handbook of Ocular Disease Management, 7th edition. Review of Optometry 2005; 142(3):Supplement. 1a-65a
* Sowka J. New thoughts on normal tension glaucoma. Optometry 2005; 76(10):600-8.
* Sowka JW, Gurwood AS, Kabat AG. Handbook of Ocular Disease Management, 8th edition. Review of Optometry 2006; 143(3):Supplement. 1a-65a
* Sowka J. Phacomorphic glaucoma: Case and review. Optometry. 2006 Dec;77(12):586-9.
* Shechtman D, Vollmer L, Sowka J. Ocular vascular hamartomas: The relationship with phakomatoses and possible commonalities in pathogenesis. Optometry. 2006 Dec;77(12):609-21.
* Sowka JW, Neiberg MN, Vollmer LA. Optic atrophy after sildenafil use. Optometry. 2007 Mar;78(3):122-8
* Sowka JW, Gurwood AS, Kabat AG. Handbook of Ocular Disease Management, 9th edition. Review of Optometry 2007; 144(3):Supplement. 1a-63a
* Sowka JW, Gurwood AS, Kabat AG. Handbook of Ocular Disease Management, 10th edition. Review of Optometry 2007 145(4): Supplement; 1a-63a
* Waters T, Vollmer L, Sowka J. Hyphema and proliferative vitreoretinopathy as a late complication of blunt ocular trauma. Optometry. 2008 Apr;79(4):197-202
* Neiberg M, Sowka J. Phlyctenular keratoconjunctivitis in a patient with Staphylococcal blepharitis and rosacea. Optometry. 2008 Mar;79(3):133-7.
* Sowka J. Advanced juvenile open angle glaucoma in an 8 year old Haitian female. Optometry. 2008 Mar;79(3):126-32.
* Moehenke T, Sowka J, Shallo-Hoffman J, et al. Topographic analysis of migraine patients. Optom Vis Sci 2008; 85:566-73.
* Romero J, Sowka J, Shechtman D. Hemorrhagic complications of optic disc drusen. Optometry. 2008 Sep;79(9):496-500.
* Sowka J, Vollmer L, Reynolds S. Superior segmental optic nerve hypoplasia: The topless disc syndrome. Optometry. 2008 Oct;79(10):576-80.

**In Press/ Under Review**

* Davis J, Schecter S, Sowka, J. Eales’ Disease. Optometry 2008
* Sowka J, Luong V. Bitemporal visual field defects mimicking chiasmal compression in eyes with tilted disc syndrome. Optometry
* Lefebvre V, Sowka J, Frauens B. The clinical spectrum between posterior polymorphous dystrophy and iridocorneal endothelial syndromes. Optometry

**Non-refereed publications**

* Sowka J, Kabat A. Pupil Evaluation: Testing for common dysfunctions. Optometry Today 1995; 3(3): 44-45.
* Sowka J. Management of retinal vascular occlusions. Practical Optometry 1995; 6(2):54-58.
* Kabat AG, Sowka JW. Understanding topical NSAIDs. Review of Optometry 2005; 142(8):97-8.
* Sowka JW, Kabat AG. Is there a fungus among us? Review of Optometry 2005; 142(6):104-5.
* Sowka JW, Kabat AG. How to play the shell game. Review of Optometry 2005; 142(5):117-8.
* Sowka JW, Kabat AG. When blepharitis looks back at you. Review of Optometry 2005; 142(4):96-7.
* Kabat AG, Sowka JW. How to treat ocular allergy. Review of Optometry 2005; 142(3):89-90.
* Kabat AG, Sowka JW. You need to know when to quit. Review of Optometry 2005; 142(2):111-2.
* Kabat AG, Sowka JW. Not all tears are created equal. Review of Optometry 2005; 142(1):79-80.
* Sowka JW, Kabat AG. When steroids don't always work. Review of Optometry 2004; 141(12):69-70.
* Kabat AG, Sowka JW. Put a lid on blepharitis. Review of Optometry 2004; 141(11):123-4.
* Sowka JW, Kabat AG. An open mind on ACG. Review of Optometry 2004; 141(10): 85-6.
* Kabat AG, Sowka JW. Corneal case studies: Part I. In: Review of Cornea & Contact Lenses. Review of Optometry 2005; 142(10):Suppl 11-8.
* Kabat AG, Sowka JW. An antibiotic anthology. Review of Optometry 2005; 142(10):87-8.
* Sowka JW, Kabat AG. Viagra and vision. Review of Optometry 2005; 142(9):114-7.
* Kabat AG, Sowka JW. Corneal case studies: Part II. In: Review of Cornea & Contact Lenses. Review of Optometry 2006; 143(1):Suppl 15-20.
* Kabat AG, Sowka JW. Psolutions for pseudotumor. Review of Optometry 2005; 142(12):70-1.
* Sowka JW, Kabat AG. A tricky case of toxo. Review of Optometry 2005; 142(11):107-8.
* Kabat AG, Sowka JW. Corneal case studies: Part I. In: Review of Cornea & Contact Lenses. Review of Optometry 2005; 142(10):Suppl 11-8.
* Kabat AG, Sowka JW. An antibiotic anthology. Review of Optometry 2005; 142(10):87-8.
* Sowka JW, Kabat AG. Just an eyedrop? Think again. Review of Optometry 2006; 143(3):95-6.
* Kabat AG, Sowka JW. Cyclosporine “off label” uses. Review of Optometry 2006; 143(2):98-9.
* Sowka JW, Kabat AG. Develop a “flare” for uveitis. Review of Optometry 2006; 143(1):77-8.
* Kabat AG, Sowka JW. Uncomfortable in their own skin. Review of Optometry 2006; 143(6):126-7.
* Sowka JW, Kabat AG. Sorting out the prostaglandins. Review of Optometry 2006; 143(5):114-5.
* Kabat AG, Sowka JW. Don’t get burned. Review of Optometry 2006; 143(4):106-7.
* Sowka JW. Five lessons in glaucoma management. Optometric Management 2006; August; 46.
* Sowka JW. Corneas, contact lenses, and malpractice. Review of Cornea and Contact Lenses. 2006; May:33-36.
* Sowka JW, Kabat AG. Treating kids who have glaucoma. Review of Optometry 2006; 143(7):95-6.
* Kabat AG, Sowka JW. When uveitis is unruly. Review of Optometry 2006; 143(8):107-8.
* Sowka JW, Kabat AG. The pregnant glaucoma patient. Review of Optometry 2006; 143(9):122-3.
* Kabat AG, Sowka JW. Something for ‘Nothing,’ (Part 1). Review of Optometry 2006; 143(10):106-7.
* Sowka JW, Kabat AG. Put out the fires of MS. Review of Optometry 2006; 143(12):74-5.
* Kabat AG, Sowka JW. Something for ‘Nothing,’ (Part 2). Review of Optometry 2006; 143(11):131-2.

## **Published Abstracts**

* Sowka J. Dural Arteriovenous Malformation. Optom Vis Sci 1989; 66(10): 247
* Gurwood A, Sowka J. Low Vision Rehabilitation of the Albino Patient. Optom Vis Sci 1989; 66(10): 135
* Sowka J, Frankel B. Nerve fiber layer defects in non-glaucomatous patients without visual field defects. Optom Vis Sci 1999; 76(12s):92
* Sowka J, Reed K. GDx Nerve Fiber layer Analysis of non-glaucomatous optic neuropathies and anomalies. Optom Vis Sci 2000; 77(12): 144
* Kabat A, Sowka J. Cryptogenic optic neuritis in a patient with Hodgkin’s lymphoma in remission. Optom Vis Sci 2000; 77(12): 88
* Reed K, Sowka J. Late-onset visual symptoms in a patient with a suprasellar tumor. Optom Vis Sci 2000; 77(12): 69
* Mahaphon T, Sorkin R, Sowka J. Pathological vision loss is not a lost cause: Improving visual function in a teenager with descending optic nerve atrophy. Optom Vis Sci 2001; 78(12s): 164
* Sowka J, Carroll E, Reed K. Neuro-ophthalmic disease encountered during ancillary visual field testing. Optom Vis Sci 2001; 78(12s): 176
* Sowka J, Kabat A. Differentiating optic pits from acquired glaucomatous notching of the neuroretinal rim. Optom Vis Sci 2001; 78(12s): 177
* Sowka J, Kabat A. Phacolysis mimicking ocular ischemic syndrome. Optom Vis Sci 2001; 78(12s): 182
* Fecho G, Falco L, Sowka J. Cupped or clogged? Differential diagnosis of a sudden loss of vision: a case report. Optometry 2002; 73(6): 356-7
* Sowka J, Vollmer L, Falco L. Rapid onset phacolysis. Optom Vis Sci 2002; 79(12s):75
* Neiberg M, Sowka J. Phylectenular keratoconjunctivitis in a patient with rosacea. AAO 2005
* Vollmer L, Sowka J. Glaucomatous visual field defect from nerve fiber myelination AAO 2005
* Neiberg M, Sowka J, Vollmer L. Cryptogenic optic neuropathy in a patient taking sildenafil. AAO 2005
* Moehnke TD, Sowka J, et al. Topographical analysis of the optic nerve in migraineurs. AAO 20065
* Hill S, Sowka J, Oliver P. Papillophlebitis associated with immune factors. Optometry 2007; 78(6)

**Book Chapters**

* New Thoughts on Diagnosing and Treating Retinal Breaks. *Transactions of Ocular Disease Update*. 1991. Primary Eye Care Communications, Norwalk, CT.pp: 113-126
* Sowka J. Cavernous Sinus Disease. In: Blaustein, B. *Problems in Optometry: Ocular Manifestations of Neurologic Disease.* J.B. Lippincott, Co., Philadelphia, 1992:385- 401
* Infectious, Infiltrative, and Inflammatory Optic Neuropathy. In Gurwood AS, Muchnick B Eds.  *The Optic Nerve in Clinical Practice.*  Butterworth-Heinemenn Inc. 1997.
* Sowka J, Kabat A.Floaters . In: Rouse M, Ettinger E, Eds. *Clinical Decision Making in Optometry*. Appleton & Lange 1996
* Sowka J. Cavernous Sinus Disease. In Blaustein BH, Ed.  *Ocular Manifestations of Neurologic Disease.* 1996; Mosby, St. Louis (Reprint)

**BOARD CERTIFICATION**

* International Association of Boards of Examiners in Optometry (IAB)- 1989
* National Board of Examiners in Optometry (NBEO)- 1987,1988
* Florida State Certification for Therapeutic Pharmaceutical Agents- 1990
* Certification in anterior segment therapeutic lasers- Northeastern University College of Optometry 1995.
* Certification in PRK and Excimer Laser Therapy- Windsor, Ont, CA- November 1996
* Certification in Worker’s Compensation Course for medical care.

**LICENSURES**

* Pennsylvania (inactive)
* Florida (therapeutic certification)

**ASSOCIATIONS**

* Fellow of the American Academy of Optometry (FAAO)
* Diplomate of the America Academy of Optometry; Disease Section, Glaucoma Subsection
* Florida Optometric Association
* Association of Optometric Educators

**PROFESSIONAL ACTIVITIES**

* Editorial Review Board- *Review Of Optometry*
* Editorial Review Board – Optometry – the Journal of the American Optometric Association
* Manuscript Reviewer - *Optometry Clinics*
* Manuscript Reviewer- *Clinical Eye and Vision Care*
* Professional Speakers Bureau- Alcon Labs, Inc.
* Professional Speakers Bureau- Carl Zeiss Meditec
* Professional Speakers Bureau- Vision Service Plan
* Faculty Search Committee (former Chair)- Nova Southeastern University
* Clinical Affairs Committee- Nova Southeastern University
* Curriculum Committee- Nova Southeastern University
* Contributing Editor- Review of Optometry
* **Program Chair**, American Academy of Optometry- Primary Care and Disease Sections 2002
* **Program Chair**, American Academy of Optometry- Primary Care Section and Disease Sections 2003
* **Program Director,** Annual Nova Southeastern University College of Optometry Glaucoma Symposium
* **Program Director,** Nova Southeastern University College of Optometry Therapeutics course (3 years consecutive)
* **Glaucoma National Advisory Panel: Alcon laboratories**
* **Optometric Glaucoma Society – Founding Member**
* **American Academy of Optometry Disease Section- Second Vice-Chair 2002-2004**
* **Optometric Retina Society – Founding Member**
* **American Academy of Optometry Disease Section- Chair 2006-present**