CURRICULUM VITAE

JULIET M. MANCINO, MS, RD, CDE, LDN

**BIOGRAPHICAL**

Address: 166 Crossing Ridge Trail

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Date of birth: May 18, 1961

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**EDUCATION**

GRADUATE

1993 University of Pittsburgh School of Health and Rehabilitation Sciences

Master of Science in Clinical Dietetics and Nutrition

Master’s thesis: The nutritional status of COPD patients during acute exacerbations which require hospitalization.

UNDERGRADUATE

1983 University of Pittsburgh School of Health Related Professions

Bachelor of Science in Clinical Dietetics and Nutrition. GPA: 3.3.

Coordinated Undergraduate Program (CUP); Clinical site experience: Mercy Hospital of Pittsburgh & Allegheny General Hospital Obstetrical Clinic.

**EMPLOYMENT**

October, 2009 to current

**Assistant Project Coordinator/Lead Lifestyle Interventionist,** University of Pittsburgh School of Education, Department of Health and Physical Activity.

**Under new PI/Department:** IRB #010610: Action for Health in Diabetes (“Look AHEAD” Study); Funding source: NIH NIDDK; 2001-2012.

Diabetes Support & Education National Committee member, 2002

Lifestyle Intervention Development Committee, 2010

January, 2001 to October, 2009

**Study Coordinator & Interventionist**, University of Pittsburgh School of Medicine, Department of Medicine, Division of Endocrinology & Metabolism

Lifestyle Interventionist, IRB #010610: Action for Health in Diabetes (“Look AHEAD” Study); Funding source: NIH NIDDK; 2001-2012.

Diabetes Support & Education National Committee member, 2002

Study Coordinator, IRB #071002374: INternational Study of Prediction of Intra-Abdominal Adiposity and its RElationships with CardioMEtabolic Risk / Intra-Abdominal Adiposity (INSPIRE ME IAA). Funded by sanofi-aventis U.S.

Study Coordinator, IRB #0605112: Visceral Fat reduction assessed by CT scan on rimonabant. (VICTORIA Trial & Sub study). Funded by sanofi-aventis U.S. 2005-2008

Study Coordinator, IRB #0411114: Evaluation of the mechanism by which DPP-4 inhibition improves glucose homeostasis in type 2 diabetes mellitus; Funding source: Novartis Pharmaceuticals; 2005-2006.

Lifestyle Interventionist & Intervention Coordinator; R01, IRB # 980250: Effects of Obesity on Muscle FFA Utilization. Funding source: NIH NIDDK, 2001-2002.

Lifestyle Interventionist: Diabetes Orlistat Intervention Trial, 2001-2002. Funded by Roche Pharmaceuticals.

Student preceptor for nutrition research rotation or observation for students from:

University of Pittsburgh Coordinated Masters in Dietetics Program, Coordinated Program in Dietetics and Didactic Program in Dietetics

Adagio Health Care Dietetic Internship

UPMC Shadyside Dietetic Internship

Ashland College

University of Delaware

August, 2000 to **Diabetes Disease Management Coordinator**, Heritage Valley Health System,

December 2000 Department of Case Management

June, 1999 to **Nutrition Outcomes Clinical Specialist**, Heritage Valley Health System,

August, 2000 Department of Dietetics

Outpatient Nutrition Clinic

High Risk Pregnancy Disease Management Program Dietitian

Instructor, Healthy Living with Diabetes, 1997-2000

Preceptor, Family Health Council Dietetic Internship, 1998-2000

1994 to 1999 **Clinical Dietitian**, Heritage Valley Health System, Department of Dietetics

Inpatient care: CardioPulmonary, Psychatric Services, Maternal Child Health

Preceptor, Family Health Council Dietetic Internship, 1998-2000

Preceptor, Youngstown State University Coordinated Program in Dietetics Student, 1998

Instructor, Healthy Living with Diabetes, (Diabetes self management training program) 1997-

Instructor, LEAN (Lifestyles, Exercise, Attitudes, Nutrition) Weight Group, 1997

Outpatient eating disorders nutrition counseling, 1994-

Field Faculty & Preceptor, University of Pittsburgh CUP in Dietetics, 1994 & 1995, Family Health Council internship,

Cardiac Rehabilitation Program instructor

1988-1994 **Dietitian-Coordinator**, University of Pittsburgh School of Medicine, Department of Medicine, Division of Pulmonary, Allergy and Critical Care Medicine

Project coordinator: Emphysema: physiologic effects of nutritional support.

Funded by NIH/NHLBI. 1988-1994:

Project coordinator: The role of cytokines in the pathogenesis of weight loss in COPD patients. Funded by Ross Labs. 1992-1994:

Project coordinator: The role of supplemental IGF-1 and exercise training in COPD patients with reduced lean body mass. Funded by Ross Labs and Genentech, Inc., 1992-1993.

Project coordinator: Malnutrition prevention in COPD patients. Funded by Ross Labs. 1991-1993.

1988-1992 **Proprietor**, Center for Nutrition Counseling

Private practice specializing in nutritional counseling for eating disordered clients

1985-1988 **Clinical Dietitian**, The Medical Center, Beaver, PA, Inc.

Tri-State Eating Disorders Center

Weight for a Lifetime course instructor

CCAC DTR program preceptor

Youngstown State University CUP program

1983-1985 **Staff Dietitian**, John J. Kane Regional Center-Glen Hazel, PA

1983 **Nutrition Services Assistant**, Allegheny County Health Department, Pittsburgh PA. Women, Infants, and Children (WIC) Supplemental Food Program

**APPOINTMENTS**

October, 2012 Presiding Officer, Academy of Nutrition and Dietetics Annual Food and Nutrition Conference and Exhibition. Research & Practice Innovations: Strategies for Lifestyle Changes Part 1, Philadelphia, PA

September, 2011 Content Reviewer, skelly publishing, The Professional’s Guide to Carbohydrate Counting.

2011-current Field Faculty, University of Pittsburgh Coordinated Master’s in Dietetics Program, Preceptor, Fall term Independent Study in Research

2010-2012 American Dietetic Association (ADA) Evidence Analysis Library COPD Toolkit Author group

2002-current Abstract Reviewer, American Dietetic Association (ADA) Food & Nutrition Conference & Exhibition (FNCE) (yearly)

2008-2009 ADA EAL Workgroup for Evidence Based Nutrition Practice Guideline for COPD, Chicago, IL

2006-2009 Field Instructor, University of Pittsburgh School of Health and Rehabilitation Sciences.

Department of Sports Medicine & Nutrition.

2008 Presiding Officer, ADA Food and Nutrition Conference and Exhibition. Original Contributions: Translating Research into Dietetics Practice (Part 2)-Diabetes and Weight Management

1999-2002 Site Reviewer for Didactic Programs in Dietetics; ADA Commission on Accreditation for Dietetics Education (CADE)

**CERTIFICATIONS**

Registered Dietitian, ADA, #R672141, October, 1983; 2004-2009 RD Certification renewed December 10, 2008.

Certified Diabetes Educator, American Association of Diabetes Educators (AADE), #09820284, October, 1998; 2008-2013 Recertification completed, November, 2008

Licensed Dietitian/Nutritionist, State of Pennsylvania, #DN001155, Expires 9-30-2014.

Adult Basic Life Support CPR certification, renewed April, 2011.

**MEMBERSHIPS**

Professional

1983-present Academy of Nutrition and Dietetics (formerly American Dietetic Association)

Current Dietetic Practice Group (DPG) Memberships:

* + - Diabetes Care and Education
    - Weight Management

2012-2013, Awards and Honors Chair

April 2012, Volunteer, On Line Community Chat with Students

2011-2012 Awards and Honors Chair Elect

2008 Weight Management DPG Symposium Planning Committee

2001, Founding Member

1983-present Pennsylvania Dietetic Association (PADA) Affiliate Member

2012 Chair, Annual Meeting & Exhibition (AME) Guidelines Revision Committee

2008-2010 PADA AME Chairperson

* Highest net profit Annual Meeting on record

2008-2009 PADA State Nominating Co-Chair

2008-2009 Financial Planning Committee

2007-2008 PADA Nominating Committee, Pittsburgh district representative

2006-2007 PADA Annual Meeting Committee; Program Planning Co-Chair

2003-2004 PADA AME Registration Co Chair

2000-2001 PADA Strategic Planning Committee: Fiscal Responsibility Subcommittee Chair

2000-2001 PADA Annual Meeting Committee; Local Arrangements Chair

1983-present Pittsburgh Dietetic Association (PDA)

2008-2010 PDA Mentoring program

2007 Speaker’s Bureau committee

2001-2003, Treasurer

1999-2000, Membership Chair

1994-1995, Council on Practice member

1999-present American Association of Diabetes Educators

2010- Western Pennsylvania Local Networking Group

1999-2009 Western Pennsylvania Association of Diabetes Educators

**HONORS AND AWARDS**

**PROFESSIONAL**

2012 Nominee, Chancellor’s Award for Excellence in Service to the University, pending

2012 Nominee, PADA Keystone Award (to be awarded Spring 2013)

1996 PADA Recognized Young Dietitian of the Year (RYDY)

1995 Distinguished Alumna, Department of Clinical Dietetics and Nutrition, University of Pittsburgh School of Health and Rehabilitation Sciences 25th Anniversary Celebration

1988 Speaker of the Year, The Medical Center, Beaver, PA, Inc.

**EDUCATIONAL**

1983 Cum Laude

1982 Mortar Board

1981 Mabel Lindsey Gillespie Nationality Rooms Scholarship

1980 Phi Eta Sigma Freshman Honorary

**PUBLICATIONS**

**PEER REVIEWED ARTICLES**

# Gallagher, D, Kelley, DE, Thornton, J, Boxt, L, Pi-Sunyer, X, Heska, S, Patricio, J, Mancino, J, Clark, J. MRI Ancillary Study Group of the Look AHEAD Research Group. Adipose tissue depot reductions following a one-year diet and exercise intervention in patients with type 2 diabetes. Submitted, International Journal of Obesity.

**Mancino, JM**, Vitolins, M. Weight loss and fitness improvement in persons with type 2 diabetes: experiences from the Look AHEAD trial intervention. Weight Management Matters. Weight Management Dietetic Practice Group Newsletter. Volume 10, #2.

Wesche-Thobaben, J, **Mancino, JM**, Jackson, J, Hodges, M, Montgomery, B, Maschak-Carey, BJ, Begay, S, Kitabchi, AE, Clark, J. The development and description of the Diabetes Support and Education (comparison group) intervention for the Action for Health in Diabetes (Look AHEAD) Trial. Clinical Trials**.** June 2011 vol. 8 **no. 3** 320-329

Azuma, K, Radikova, Z, **Mancino, J**, Toledo, F, Thomas, E, Kangani, C, Dalla Man, C, Cobelli, C, Holst, J, Deacon, C, He, Y, Ligueros-Saylan, M, Serra D, Foley, J, Kelley, DE. Measurement of islet function and glucose metabolism with the DPP-4 inhibitor vildagliptin in patients with type 2 diabetes. Journal of Clinical Endocrinology and Metabolism. 2008 Feb;93(2):459-64.

Look AHEAD (Action for Health in Diabetes) Research Group publications (credited as part of clinic group, not author citation):

Look AHEAD Research Group. Edward W. Gregg, PhD; Haiying Chen, PhD; Lynne E. Wagenknecht, DrPH; Jeanne M. Clark, MD, MPH; Linda M. Delahanty, MS, RD; John Bantle, MD; Henry J. Pownall, PhD; Karen C. Johnson, MD, MPH; Monika M. Safford, MD; Abbas E. Kitabchi, MD, PhD; F. Xavier Pi-Sunyer, MD; Rena R. Wing, PhD; Alain G. Bertoni, MD, MPH. Association of an intensive lifestyle intervention with remission of type 2 diabetes. *JAMA.* 2012;308(23):2489-2496.

Long-term effects of a lifestyle intervention on weight and cardiovascular risk factor in individuals with type 2 diabetes mellitus. Four-year results of the Look AHEAD Trial. Arch Intern Med. 2010;170(17):1566-1575.

One-year weight losses in the Look AHEAD Study: factors associated with success. Obesity (2009) 17, 713–722.

Reduction in weight and cardiovascular disease risk factors in individuals with type 2 diabetes: one year results of the Look AHEAD trial. Diabetes Care. 2007;30:1374-1383.

A description of the lifestyle intervention and evidence supporting It. Obesity; 14, #5, May 2006.

Design and methods for a clinical trial of weight loss for the prevention of cardiovascular disease in type 2 diabetes. Controlled Clinical Trials 24 (2003) 610-628.

Barinas-Mitchell, Kuller, LH, Sutton-Tyrell, K, Hegazi, R, Harper, P, **Mancino, JM,** Kelley, DE. Effect of weight loss and nutritional intervention on arterial stiffness in type 2 diabetes. Diabetes Care; 29: 2218-2222, 2006.

**Mancino, JM**. Orlistat: current issues for patients with type 2 diabetes. Invited manuscript. Current Diabetes Report. 2006, 6:389–394.

Kelley, DE, Kuller, LH, McKolanis, TM, Harper, P, **Mancino, JM,** Kalhan, SK. Effects of moderate weight loss and orlistat on insulin resistance, regional adiposity, and fatty acids in type 2 diabetes. Diabetes Care, 2004; 27: 33-40.

**Mancino, JM,** Conley, L, McHattie, K.Comparison of type 2 diabetes MNT to practice guidelines in a community health system. JADA, 102(8):1129-31, 2002.

Godoy, I, Donahoe, M, Calhoun, W, **Mancino, J**, Rogers, R. Elevated TNF-alpha production by peripheral blood monocytes of weight-losing COPD patients. American Journal of Respiratory and Critical Care Medicine 1996; 153: 633-637.

Shuster, M, **Mancino, J**. Ensuring successful home tube feeding in the geriatric population. Geriatric Nursing 1993; 15 (2): 67-81.

**ABSTRACTS**

Wesche-Thobaben, J, **Mancino, JM**, Jackson, J, Hodges, M, Montgomery, B, Maschak-Carey, BJ, Begay, S, Kitabchi, AE, Clark, J. Design of the control group intervention in the Look AHEAD Trial. American Diabetes Association 66th Annual Scientific Sessions, June, 2006, Washington, DC.

Azuma, A, Radikova Z, **Mancino, J**, Toledo, FGS, Thomas, E, Lubowsky, N, Kelley, C,Kangani, C, Serra, D, He, T, Ligueros-Saylan, M, Foley, J, Kelley, D. DPP-4 inhibition improves insulin resistance in type 2 DM. American Diabetes Association 66th Annual Scientific Sessions, June, 2006, Washington, DC.

Radikova Z, Azuma, K, Thomas, E, Frederico FGS, Lubowsky N, Kangani, C, **Mancino J**, Kelley C, Holst J, Deacon, C, Serra D, He Y, Ligueros-Saylan M, Foley J, Kelley DE. Effects of vildagliptin on postprandial glucose homeostasis in type 2 DM. 42nd EASD Annual Meeting, September, 2006, Copenhagen.

Harper, P, **Mancino, J**, Kern, C, Kelley, D. Efficacy of self-selected diet in achieving weight loss and metabolic control in type 2 diabetes. Diabetes 2002: 51; A61.

Goodpaster, B, Katsiaras, Mathews, A, Harper, P, **Mancino, J,** Kelley, D. Dose-response relationship between exercise and insulin resistance. Diabetes 2002: 51: Supplement 2, A229.

Goodpaster, B, Katsiaras, A, Mathews, A, **Mancino, J**, Harper, P, Kelley, D. Differential effects of weight loss and exercise on insulin. Journal of Investigative Medicine 2002: 50(2); 162A.

Wolf, D, **Mancino, J**, Goodpaster, B. Energy balance during a North Pole trek in a man with type 1 diabetes. Medicine and Science in Sports and Exercise 2002; 33: Supplement 5, S73.

Donahoe, M, **Mancino, J**, Costantino, J, Lebow, H, Rogers R. The effect of an aggressive nutritional support regimen on body composition in patients with severe COPD and weight loss. American Review of Respiratory Disease 1994; 149 (2): A313.

Godoy, I, Donahoe, M, Calhoun, W, **Mancino, J**, Rogers, R. Cytokine production by peripheral blood monocytes of COPD patients. Am Rev Resp Dis 1994; 149 (2): A1017.

**Mancino, J**, Donahoe, M, Lebow, H, Rogers, R. The effects of COPD exacerbations on body composition and nutritional status. Am Rev Resp Dis 1993; 147 (2): A199.

Donahoe, M, Lanz, J, **Mancino, J**, Rogers, R. IGF-1 levels in malnourished COPD subjects during nutritional repletion. Am Rev Resp Dis 1993; 147 (2): A199.

Reilly, P, Donahoe, M, Marshall, M, **Mancino, J**, Rogers R. Parameters of lean body mass do not predict muscle function in underweight COPD patients. Am Rev Resp Dis 1992; 145 (2): A645.

**Mancino, J**, Donahoe, M, Rogers, R. The use of 24-hour recalls and 3-day food records to assess nutrition intervention in malnourished COPD patients. Journal of the American Dietetic Association 1991 (9): A22.

Donahoe, M, **Mancino, J**, Rogers, R, et al. Clinical variables do not predict weight loss in COPD. Am Rev Resp Dis 1991; 143 (2): A453.

**Mancino, J**, Donahoe, M, Rogers, R, Openbrier, D. Determination of lean body mass in patients with COPD. Am Rev Resp Dis 1990; 141 (2): A34.

**BOOK CHAPTER**

**Mancino, J,** Rogers, R, Donahoe, M. Nutritional Assessment and Therapy. In “Principles and Practice of Pulmonary Rehabilitation.” Petty, T. and Casaburi, R., Eds. 1993: 336-350.

**MISCELLANEOUS**

Interviewee, “Cooks taking advantage of soy” and “Now you know beans” by S. Donovan, Beaver County Times, October 13, 1999.

**Mancino, J**. Help! I Need to Lose Weight. Good Health Journal. June/July 1996.

Shuster M, **Mancino, J**. Complications of enteral feeding. Greater Pittsburgh American Society of Enteral and Parenteral Nutrition Spring 1995 newsletter.

Contributor, 1995 ASPEN Self-Assessment Committee, Sub-committee on Enteral Nutrition Support in Specific Disease and Disorders.

Contributor, 1994 ASPEN Self-Assessment Committee, Sub-committee on Parenteral Nutrition Support in Specific Disease and Disorders.

Shuster, J, **Mancino, J**. The ins and outs of enteral feeding at home. American Journal of Nursing 1992; 21. (editorial response.)

**PRESENTATIONS**

April, 16, 2012 Speaker, PADA AME. The Look AHEAD Trial: What have we learned? What can we use? Harrisburg, PA

March 29, 2012 Speaker, CCAC, Careers in Research. Audience of Dietetic interns from local programs. Pittsburgh, PA

March 24, 2011 Speaker, CCAC, Careers in Research. Audience of Dietetic interns from local programs. Pittsburgh, PA

November, 2011 Speaker, University of Pittsburgh Student Dietetic Association. Careers in research. Pittsburgh PA

Fall, 2010 Speaker, CCAC, Careers in Research. Audience of Dietetic interns from local programs. Pittsburgh, PA

September, 2009 Speaker, Adagio Health Dietetic Internship, Research Fundamentals and Career Opportunities for 2009 RDs. Natrona Heights, PA

May, 2006 Speaker, Pittsburgh Dietetic Association Membership Meeting, “Pearls & Bling:  
 Finding the Gems in Nutrition Research Reports.” Pittsburgh, PA

November, 2005 Guest Lecturer, University of Pittsburgh School of Health and Rehabilitation Sciences. Department of Sports Medicine & Nutrition. Division of Clinical Dietetics and Nutrition Coordinated Program in Dietetics. CDN 1630: Medical Nutrition Therapy I; Diabetes Medications.

November, 2004 Guest Lecturer, University of Pittsburgh School of Health and Rehabilitation Sciences, Sports Medicine & Nutrition. Division of Clinical Dietetics and Nutrition Coordinated Program in Dietetics. CDN 1630: Medical Nutrition Therapy I; Diabetes Medications.

March, 2003 Evans City Elementary School Career Day speaker. March 21, 2003

November, 2003 Guest Lecturer, University of Pittsburgh School of Health and Rehabilitation Sciences. Division of Clinical Dietetics and Nutrition Coordinated Program in Dietetics. CDN 1630: Medical Nutrition Therapy I; Diabetes Medications.

November, 2002 Guest Lecturer, University of Pittsburgh School of Health and Rehabilitation Sciences. Division of Clinical Dietetics and Nutrition Coordinated Program in Dietetics. CDN 1630: Medical Nutrition Therapy I; Diabetes Medications.

**PERSONAL**

Married, 2 children

Interests: walking, reading, Pittsburgh sports teams