

# Special Skills and Capabilities

* Track record of performing professional spa massage and body treatments compliant with the employer's standards of practice and protocols
* Able to maintain high hygiene and sanitation standards
* Positive and constructive attitude
* Well versed in cleaning and restocking treatment rooms
* Excellent knowledge of anatomy & physiology
* Familiar with pathology principles

# Professional Experience

Sep 2009 – Present **Massage Therapist**

Jones Rehabilitation Center (Atlantic City, NJ)

* Discuss with clients regarding their medical histories and problems
* Decide which massage technique will be most useful
* Apply finger and hand force to exact points of the body
* Develop and suggest client healing plans that state which types of massage are to be used
* Refer clients to other therapists when essential
* Maintain clients' treatment records
* Provide clients with assistance and information regarding techniques for postural improvement and stretching, strengthening, recreation, and rehabilitative exercises

Jan 2009 – Sep 2009 **Massage Therapist**

Self Employed (Vaughan, ON)

* Performed counteractive massage on clients using deep tissue, sports massage and shiatsu techniques
* Evaluated clients' soft tissue condition, joint feature and function, muscle strength, and range of movement
* Used balancing aids; infra-red lamps, wet compresses, ice, and whirlpool baths to support clients' recovery
* Treated clients in expert settings or tour to clients' offices and homes
* Massaged and press muscles and soft tissues of the body to give treatment for medical conditions, injuries, or wellness maintenance

# Education

2002 **Diploma of Remedial Massage**

AAA College of Massage Therapy(Atlantic City, NJ)

# Certificates

* First Aid Certificate
* Public liability and skilled indemnity insurance
* Health fund rebate status