KATHERINE MOORE

Email: info@hloom.com - Redwood City, CA 94063 – (123) 456 7899

Interested in a full-time position in a massage therapy spa or clinic, or in a physician or chiropractic office

# EDUCATION / CERTIFICATION

**Associate in Applied Science, Massage Therapy** July 2003

**Martinsville Community College, Raleigh, NC** GPA: 3.74

**North Carolina State Licensed Practical Nurse** 1995

# HONORS AND ACCOMPLISHMENTS

**Member and President:** Massage Therapy Club, Martinsville Community College 2013

**Scholarship Essay Award Recipient:** “The Power of Healing Touch” 2005

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# TRAINING

**900 hours of training in the following forms of bodywork:**

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| * Trigger Point Therapy * Stone Massage * Deep Tissue Massage * Athletic Massage | * Shiatsu * Energy Work * Swedish Massage * Reflexology |

# CLINICAL EXPERIENCE

**Martinsville Community College – Grove City Campus**Raleigh, NC

*Massage Therapy Clinic (100 hours)* Spring Semester 2003

* Accurately maintained treatment records, assessed client’s needs, as well as recording flow charts and progress notes
* Assessed client’s soft tissue condition, range of motion, joint quality and function, and muscle strength
* Conferred with clients regarding their medical histories and any problems with stress and/or pain
* Determined whether massage therapy would be beneficial to the client
* Developed and created client treatment plans that specified which types of massage techniques were
* to be used
* Consulted with other health care professionals such as physiotherapists, physicians, chiropractors, and psychologists in the development of treatments necessary for clients, referred clients to other types of therapists or treatment specialists if needed
* Provided clients with information, guidance, and demonstration about techniques for relaxation, stretching, strengthening, and postural development

# EMPLOYMENT EXPERIENCE

**Carolina Health System** Raleigh, NC

*Licensed Practical Nurse* 1996-2003

* Provided direct patient care and case management in a team environment
* Administered prescribed medications to patients, started intravenous fluids, recorded times and amounts on charts
* Obtained and recorded patients' vital signs, such as temperature, height, weight, blood pressure, pulse, and respiration
* Provided basic patient care and treatments, such as taking blood pressures and temperatures, treating bedsores, dressing wounds, giving enemas, douches, massages, and alcohol rubs, and performing catheterizations
* Observed patients and charted and reported any changes in patients' conditions, including any adverse