John Hloomberg

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# Education

## May 2002 MASSAGE THERAPY DEGREE SEATTLE ACADEMY OF HEALTH, SEATTLE, WA

# Work Experience

## Dec 03 – Nov 09 MASSAGE THERAPIST SUNSET DAY SPA, SEATTLE, WA

Provided massage services to clients using safe, appropriate and effective techniques.

Performed health history on clients and updated prior to each session; ascertained precautions/contradictions for massage prior to each session

Explained procedures and applied techniques appropriate to client needs and preferences

Observed client reaction to massage and modified as necessary

Solicited feedback and responded accordingly

Documented all sessions performed according to established guidelines

## Jan 09 – Nov 08 STAFF CLINICAL MASSAGE THERAPIST SEAMEN’S HOSPITAL, SEATTLE, WA

Developed and utilized therapeutic strategies to solve client'ssoft tissue injuries while working in conjunction with an MD and assisting in maximizing the patient's recovery goals while working on traumatic brain injuries in recovering patients who suffered from a stroke

Performed therapeutic massages on clients with musculo-skeletal problemssuch as back and neck pain, rotator cuff injuries, sprains and strains, headaches, sports injuries, and stress related conditions

Performed sports, deep tissue, and Swedish massages

# Skills Summary

Experienced massage therapist dedicated to providing quality therapeutic massages and educating people on overall health and wellness

Succeeded in building an efficient private practice while working alongside other massage therapists

Able to uphold moral ethics to help promote a positive view on the industry

Established and maintained excellent client relationships to ensure higher number of repeat clientele

Qualified in: Chair massage, Swedish massage, deep tissue massage, stone massage, body stretching and ROM, prenatal/side-lying massage

Also experienced in spa services, stone therapy, CPR, nutrition and reflexology

**------------References Available Upon Request ------------**